



# EARLY TEEN MENU 2026



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



**Biscuits\***  
**Scrambled Eggs**  
 Sausage Patties  
 Hash Browns  
 Cantaloupe  
 Honey/Butter/Jelly  
 Ketchup  
 Apple Juice/Water  
**Milk/Oat Milk**

**ADVENTURE DAY**  
 CHOOSE 3 ITEMS:  
**Muffins\***  
 Fresh Fruit  
**Yogurt**  
**Cinnamon Roll**  
**Powdered Donuts** (Contains Coconut)  
 Oatmeal  
 Grits  
 Cereal  
 Juice Variety Box Drinks

**Pancakes\***  
 Bacon  
 Orange Slices  
**Butter**  
 Syrup  
 Orange Juice/Water  
**Milk/Oat Milk**

**French Toast Sticks\***  
 Sausage Links  
 Syrup Cups  
 Pineapple Bits  
 Grape Juice/Water  
**Milk/Oat Milk**



**Krispy Kreme**  
**Donuts\***  
 Apple Juice/Water  
**Milk/Oat Milk**

**Tony's Pizza\***  
 Potato Chips  
 Baby Carrots  
**Ranch Dressing**  
 Salad Bar  
 Water/Ice  
**Fudge Bars**  
 On extremely hot days  
 gatorade will be  
 offered at lunch.

**Chicken Sandwiches\***  
 Hamburger **Buns\***  
 Lettuce  
**Sliced Cheese**  
**Doritos**  
 Peaches  
 Sliced Pickles  
**Mayo/Mustard**  
 Salad Bar  
 Water/Ice  
**Chocolate Chip**  
**Cookies\***

Sub Sandwiches  
**Sub Rolls\***  
 Turkey/Ham  
 Shredded Lettuce  
**Sliced Cheese**  
 Utz Asst. Chips  
**Rice Krispy Treats**  
 Sliced Pickles  
**Mayo/Mustard**  
 Fruit Cup  
 Water  
 Soft Drinks  
 Gatorade



**Corn Dogs\***  
 Tater Tots  
 Pears  
 Ketchup  
 Mustard  
 Salad Bar  
 Water/Ice  
**Crunch Bar**

BBQ Sandwiches  
 Hamburger **Buns\***  
**Coleslaw**  
 Pickle Spears  
**Potato Wedges\***  
 Mandarin Oranges  
 BBQ Sauce  
 Ketchup  
 Salad Bar  
 Water/Ice  
**Carnival Cookies\***

Outdoor cooking class packets will contain:  
 Green Beans  
 Potatoes  
 Burger Pattie  
 Margarine

Tacos (Ground Turkey)  
**Tortilla Shells\***  
 Shredded  
 Lettuce/**Cheese**  
 Tortilla Chips  
**Sour Cream**  
 Salsa  
**Nacho Cheese**  
 Salad Bar  
 Gatorade/Tea  
 Water/Ice  
**Cinnamon & Sugar**  
**Donut Holes w/**  
**Vanilla Ice Cream\***

**Spaghetti (Penne)\***  
 Sauce  
**Meatballs**  
**Garlic Bread\***  
**Parmesan Cheese**  
 Broccoli  
 Salad Bar  
 Gatorade/Tea  
 Water/Ice  
**Brownies\***

**Chicken Tenders\***  
**Mac & Cheese\***  
 Applesauce  
 BBQ Sauce  
 Honey Mustard  
 Ketchup  
 Salad Bar  
 Gatorade/Tea  
 Water/Ice  
**Oreo Yummies\***

Hamburgers  
 Hamburger **Buns\***  
**Sliced Cheese**  
 Lettuce  
 Sliced Pickles  
 French Fries  
 Watermelon  
 Ketchup/**Mayo**  
 Mustard  
 Salad Bar  
 Gatorade/Tea  
 Water/Ice  
**Under the Big Top**  
**Cake\***

**Publix Fried Chicken\***  
**Mashed Potatoes**  
**Gravy**  
 Green Bean  
**Dinner Rolls\***  
**Butter**  
 Salad Bar  
 Gatorade/Tea  
 Water/Ice  
**Chip Whip\***(May contain egg)

**Disclaimer**  
 We do our best to research ingredients and review manufacturer labels for allergen information. If a manufacturer does not disclose an allergen or gluten concern, we may not be aware of it either. Ingredients and manufacturing practices can change at any time, so we cannot guarantee allergen-free products.

**Eggs, Milk, Wheat, Processed in factory with peanuts/treenuts, Soy, Sesame Seed, May contain peanuts/treenuts**

**NOTES**  
 Everyday at breakfast we serve at the center table...  
 Fresh fruit (bananas, apples, oranges)  
**Yogurt**  
 Oatmeal/Grits  
 Cereal

**CEREAL**  
 Honey Cheerios  
 Frosted Flakes  
 Rice Krispies  
**Cocoa Puffs**  
**Cinnamon Toast Crunch**  
**Raisin Bran**  
**Froot Loops**  
 Lucky Charms  
**Apple Jacks**

**SALAD BAR**  
 Lettuce and Spring Mix  
**Cheddar Cheese**  
 Diced Cucumber  
 Chickpeas or Black Beans  
 Bacon Bits  
**Croutons**  
 Spinach  
 Broccoli  
**Feta Cheese**  
 Craisins  
 Black Olives  
 Banana Peppers  
**Boiled Eggs**  
 Sunflower Seeds  
 Grape Tomatoes

**Salad Dressings**  
**Ranch**  
**Caesar** (Contains Fish)  
**Honey Mustard**  
**Thousand Island**  
 Fat Free Italian  
 Golden Italian  
 Vidalia Onion  
**Olive Garden Italian**

We celebrate with all cabins at the end of the week with pizza from **Papa Johns\***

**All fried products could contain trace amounts of gluten** Any items with (\*) next to it, we will provide a GF alternative.

**MENU ITEMS ARE SUBJECT TO CHANGE DUE TO SUPPLY CHAIN ISSUES** Updated 5/30/26